It's all about relationships, delighting in one another, listening to one another, loving and being loved, losing myself in love, finding my true self in the other.

"Grant us, we pray, that in professing the true faith, we may acknowledge the Trinity of eternal glory and adore your Unity, powerful in majesty."

My everyday praying and living move between two poles. One the one hand, there is the deeply personal and private; on the other hand is sharing and openness to others, each day constantly moving from one to the other, from the personal to the communal, from the communal to the personal. Likewise, God is both one, deeply powerful and personal, while at the same time, a trinity, giving himself away to others.

I enjoy sometimes my solitariness – getting away to a quiet place to study and to pray. I love my prayer time, first thing, here in this beautiful church. I know that this one to one relationship with my Lord, is the very bedrock of my life. Even when we come together for Mass, it's very often this individual and personal relationship that we concentrate on; holy communion is my communion with God rather than communion with those around me, and, indeed, with the whole of creation.

God is both one and three, that still point at the centre of the universe certainly, but also a power that is dispersed throughout creation.

I enjoy my family and my friends. I enjoy opportunities to get to know you, my parishioners. I try to share something of myself in my homilies. But how much of myself am I really prepared to share? Am I a bit judgemental? Do I accept that there might be other ways to God besides my own? Other ways of being a Christian besides the RomanCatholic way? Do I want to build a wall around my little world and protect it from outsiders?

God is both one and three. What's more, he is both One and Three simultaneously. He finds this very Oneness in his Threeness and his Threeness in this Oneness. In fact, it is precisely in giving Himself as Jesus and Spirit, that God the Father, in a sense, finds Himself, and, in finding Himself, finds us as well.

And so for us, created in His image and likeness, the personal and the communal, the solitariness and the sharing come together, finding God in one another, and finding one another in God, a spirituality of relationship, of dialogue, a spirituality of loving and being loved, trying, in short, to be like Jesus.