

The Bible in times of self-isolation

Suggested Bible passages for your reflection and discernment

Moses and the Burning Bush.	Exodus 3: 1-17
Moses and the 10 Plagues.	Exodus 7:14-12:36
Elijah in the cave at Mount Horeb.	1 Kings 19: 9-16
Tobit the Exile and Archangel Raphael's revelation	Tobit
Out of the depths I cry to you O Lord.	Psalms 130
The Four Servant Songs of Isaiah.	Isaiah 42: 1-9 Isaiah 49: 1-13 Isaiah 50: 4-11 Isaiah 52:13 – 53:12
Jeremiah buys a field.	Jeremiah 32
Ezekiel cast into the cistern and God saves him later.	Ezekiel 38-39
The Annunciation to Mary.	Luke 1: 26-38
Jesus withdraws.	Matthew 4:1-10 Matthew 14:22-23 Matthew 26:36-46 Mark 1:12-13 Mark 6:45-46 Mark 14: 32-42 Luke 4:1-13 Luke 22:40-46 John 6:15-17
Tearing of the Temple Veil.	Matthew 27: 50-52 Mark 15: 37-39 Luke 23: 44-46
The Road to Emmaus.	Luke 24.13-35
Jesus comforts the disciples.	John 14
Jesus rises from the dead and appears to various people.	John 20 - 21
Paul and Silas in prison.	Acts 16: 16-40
The Christian spiritual life.	Romans 8
Faith and good deeds.	James 2
Sharing Christ for future generations	1 John 1-7

Food for the soul in times of spiritual hunger

Some suggested Scripture, Prayer, Reflection and Retreat resources links

The God who Speaks campaign	godwhospeaks.uk
Daily Bible Reflections	biblesociety.org.uk/explore-the-bible/daily-reflection/
Ignatian retreats	ignatianspirituality.com
The Liturgy Office	liturgyoffice.org.uk/
Magnificat online - daily readings	https://us.magnificat.net/free
Pray as you Go	pray-as-you-go.org/
Portsmouth Bible podcasts	https://www.godwhospeaks.org/media
Sacred Space	sacredspace.ie/
Thinking Faith	thinkingfaith.org/
Universalis	universalis.com/
You Version Bible app	youversion.com/the-bible-app/
David Suchet reads Mark's Gospel	youtube.com/watch?v=JjOgcMQXvSc

The Bible and Art for meditation and reflection

Some suggested resources for praying with the Bible and art

National Gallery's religious collection	nationalgallery.org.uk/
Christian Art Today - Gospel readings/images	https://christianart.today/
Art and the Bible directory of paintings and texts	artbible.info/art/ and www.wga.hu/
A Visual Commentary on Scripture and art	thevcs.org/
Lo and Behold - Catholic Stained Glass stories	https://loandbeholdbible.com/
The Gospel in Stained Glass	https://sites.google.com/site/bktrcia/thegospel-in-stained-glass
The Bible in stained glass in Wales	http://stainedglass.llgc.org.uk/
Sacred Art Pilgrim	http://sacredartpilgrim.com/
Art & Culture	https://www.cbcew.org.uk/home/events/the-god-who-speaks/art-and-culture/

The Bible and music

Some suggested Scriptural sacred music

Traditional music:

- Creation Oratorio – Joseph Haydn – Based on the book of Genesis
- Juditha Triumphans Oratorio – Vivaldi – Based on the book of Judith
- Canticum Canticorum cycle of motets – Palestrina – Based on the Song of Songs
- Biblical Songs cycle (Opus 99) Dvorak – Based on the Psalms
- Miserere – Allegri (Tallis Scholars version) – Based on Psalm 51
- The Messiah – Handel – Based on the Old & New Testaments
- The Magnificat – Schubert – Mary's Magnificat Song
- Christ on the Mount of Olives – Beethoven – St. Luke's account of Jesus' last night
- The Seven Last Songs – Haydn – Jesus' 7 last words before death
- St Matthew Passion Oratorio – J.S. Bach – Based on St. Matthew's Gospel
- The Stabat Mater – Pergolesi – The Virgin Mary at the Cross
- The Apostles Oratorio – Elgar – The Story of the Apostles
- Gregorian Chant – [youtube.com](https://www.youtube.com)

Contemporary music:

- Bernadette Farrell – [hymnary.org](https://www.hymnary.org), [ocp.org](https://www.ocp.org)
- Matt Redman – [worshiptogether.com](https://www.worshiptogether.com), [weareworship.com](https://www.weareworship.com)
- Jo Boyce – [cjmmusic.com](https://www.cjmmusic.com)
- Margaret Rizza – [margaretrizza.com](https://www.margaretrizza.com)
- Alone with God – Peaceful music – [youtube.com](https://www.youtube.com)
- The official hymn for the Year of the Word [can be found here.](#)

Biblical films

The Bible's epic tales have been brought to life in many memorable films. Why not curl up on the sofa for a weekly film night?

1. The Ten Commandments (1956), U
2. The Greatest Story Ever Told (1965), U
3. Jesus Christ Superstar (1973), PG
4. The Prince of Egypt (1998), U
5. Joseph and the Amazing Technicolor Dreamcoat (1999), U
6. The Passion of the Christ (2004), 18
7. One Night with the King (2006), PG
8. The Nativity Story (2006), PG
9. Exodus: Gods and Kings (2014), 12A
10. Risen (2016), 15